

Year 9	2020 TEAMS	1	2	3	4	5	6	7	8	9	10
Term 1	Team ALPHA	NO SPORT	Student-led Ida Competition- Orientation, Assigning Team Roles, Practise Round	Student-led Ida Competition- Round 1	Student-led Ida Competition – Round 2	Student-led Ida Competition – Round 3	Student-led Ida Competition – Round 4	Student-led Ida Competition – Finals	Ten Pin Bowling	Dodgeball	COLOUR RUN
	TEAM BETA										
	TEAM GAMMA										
	TEAM DELTA										
	TEAM EPSILON										
Term 2	Team ALPHA	Rock Climbing	Rock Climbing	Speed Walk	Speed Walk	Table Tennis	Table Tennis	Boot Camp	Boot Camp	Ninja Parc	Ninja Parc
	TEAM BETA	Ninja Parc	Ninja Parc	Rock Climbing	Rock Climbing	Speed Walk	Speed Walk	Table Tennis	Table Tennis	Boot Camp	Boot Camp
	TEAM GAMMA	Boot Camp	Boot Camp	Ninja Parc	Ninja Parc	Rock Climbing	Rock Climbing	Speed Walk	Speed Walk	Table Tennis	Table Tennis
	TEAM DELTA	Table Tennis	Table Tennis	Boot Camp	Boot Camp	Ninja Parc	Ninja Parc	Rock Climbing	Rock Climbing	Speed Walk	Speed Walk
	TEAM EPSILON	Speed Walk	Speed Walk	Mini Tennis	Table Tennis	Boot Camp	Boot Camp	Ninja Parc	Ninja Parc	Rock Climbing	Rock Climbing
Term 3	Team ALPHA	Tennis	Tennis	Basketball	Basketball	Volleyball	Volleyball	Futsal	Futsal	Boxing	YEAR 12 CONCERT NO SPORT
	TEAM BETA	Boxing	Boxing	Tennis	Tennis	Basketball	Basketball	Volleyball	Volleyball	Futsal	
	TEAM GAMMA	Futsal	Futsal	Boxing	Boxing	Tennis	Tennis	Basketball	Basketball	Volleyball	
	TEAM DELTA	Volleyball	Volleyball	Futsal	Futsal	Boxing	Boxing	Tennis	Tennis	Basketball	
	TEAM EPSILON	Basketball	Basketball	Volleyball	Volleyball	Futsal	Futsal	Boxing	Boxing	Tennis	
Term 4	Team ALPHA	Team Challenges	Team Challenges	Leadership Training	Leadership Training	Dodgeball @ the Basketball stadium	Beach Walking	Discovery QR Codes	Beach Games	YEAR ACTIVITY GROUPS	HERO DAY
	TEAM BETA						Beach Walking	Discovery QR Codes	Beach Games		
	TEAM GAMMA						Beach Games	Beach Walking	Discovery QR Codes		
	TEAM DELTA						Beach Games	Beach Walking	Discovery QR Codes		
	TEAM EPSILON						Discovery QR Codes	Beach Games	Beach Walking		
	TEAM ZETA										

Activity	Venue	Transport by Bus Y/ N
Ice Skating	Newcastle Ice Rink – Warners Bay	Y
Dodgeball/Handball	School or Broadmeadow BBall Stadium	N
Rocking Climbing	Ninja Parc- Genesis Cooks Hill	Y
Beach/lake Walking AND games	Bar Beach/Merewether, Newcastle; Warners Bay, Nobbys	Y
Ninja Parc	Genesis Fitness- Darby Street	Y
Gym/Boot camp/Boxing	Hunter Gym, HSPA grounds	N
T-Ball	School	N
House Competition – Ida/Touch/OzTag/Netball	School Oval	N
Pilates/ Yoga	School – dance rooms	N
Ten-Pin Bowling	Dull Boys Social Co	Y
Tennis	Topspin Tennis Centre	N
Team Sports	Newcastle Basketball Stadium	N
Walking	Local environment (mapped)	N
Table Tennis	School	N

Students leaving the school by bus must move DIRECTLY to their allocated sport room at the conclusion of PERIOD 4. Bags need to be left in allocated rooms where the teacher will lock the door. Students are to move to the sport bus bay by 1pm where their sport teacher will mark the roll before being directed to board the bus. Students leaving directly from the venue at the conclusion of sport must have an **APPROVED EARLY LEAVE PASS** and may take their bag with them. Students will return to collect their bags from their allocated sport roll call room and remain there until the 3pm bell rings.

SPORTS UNIFORM is compulsory on sports afternoon. Swimming activities must bring swimmers and a towel. Goggles are recommended. NINJA PARC must have returned their **WAIVER FORM** to participate. A copy is attached in the 'HSPA Overnight/Water Activity/Sporting Event/Excursions plus Medical Information Form 2021' emailed to all students and parents.

Students involved in **EXTRA-CURRICULA ACTIVITIES** (Technical Crew, HSC Dance, Band/Strings Ensembles, Millabah and Early Leave) MUST still submit the 'HSPA Overnight/Water Activity/Sporting Event/Excursions plus Medical Information Form 2021' emailed to all students and parents.

PLEASE NOTE, SPORTS AND LEISURE ACTIVITIES CHANGE ACROSS YEAR GROUPS