



Newcastle City Zone PSSA Cross Country Championship

Congratulations on your selection in representing your school at the Newcastle City PSSA Zone Cross Country.

Entry is online only: Website link: <https://sites.google.com/education.nsw.gov.au/newcastlepssa>
Newcastle City PSSA will only accept online entries and the specific unique code for this event. Or scan the QR Code using Scan app on mobile device:

Unique Code is: crosscountry2021

Click on the Cross Country link/tab:



Entries close Wednesday 21st April

The Newcastle City Zone PSSA Cross Country Championship will be held on:

Date: Friday 23rd, April 2021

Venue for Championship:

Event venue	Stevenson Park
Street address	Stevenson Avenue / Industrial Drive
Suburb	Mayfield West

Additional Information:

Postponement due to severe weather will be announced on Newcastle City Zone PSSA Facebook page and website.

Times:

School teams need to be at the venue by 9:30am. Competitors will be given instructions at that time before walking the course at 9:45am. Course will be similar to last year.

Races will commence at approx 10:15am.

- Juniors (8/9yrs, 10yrs) run approx 2000 metres
- Seniors (11, 12/13yr) run approx 3000 metres.

Order of Events:

8/9yrs Boys, 8/9 Girls, 10yrs Boys, 10yrs Girls, 11yrs Boys, 11yrs Girls,
12/13yrs Boys, 12/13yrs Girls

The Carnival will finish by approx 1:00pm.

Newcastle City PSSA Rules & Regulations.

1. Schools may enter up to three competitors per event. Please note that 8/9 years is ONE EVENT and 12/13 years is ONE EVENT.

PARENTS MUST COMPLETE THE ONLINE ENTRY FORM FOR EACH COMPETITOR AS DIRECTED TO ON THE LETTER TO STUDENTS

Each student will require a copy of the letter at the bottom of this document.

2. Entry fee will be **\$5** per competitor. Please pay your money to the front office. This will not be collected on the day. Schools will be invoiced later.

3. All competitors must wear shoes (no spikes). Failure to wear shoes will lead to disqualification.

4. No competitors may receive assistance or refreshments during the race, except in the case of asthma puffers.

5. No pushing or tripping on purpose is allowed.

6. Spectators are to keep OFF the track.

7. Competitors are to wear a name tag showing name, age division and school. These need to be organised by the accompanying teacher and distributed before the races commence.

8. Protests are to be made to the Convenor within 10 mins of completion of an event by the accompanying teacher.

A canteen will be available on the day however bring something to eat from home.

If you are unable to make the championship, please inform your school sports coordinator as soon as possible.

Again, congratulations on your selection.

Mr Nicholas Savage
Convenor
Newcastle City PSSA