



# HUNTER SCHOOL OF THE PERFORMING ARTS

## Winter Menu 2019 Terms 2 & 3



COLD FOOD		
Sushi	(Teriyaki Chicken, Tuna, Spicy Tuna, Vegetarian, Salmon, Chicken schnitzel)	3.80
Egg & lettuce Sandwich/Roll		2.80
Chicken, lettuce & mayo Sandwich/Roll		3.50
Salad Sandwich/Roll	(lettuce, tomato, carrot, cucumber, cheese)	3.50
Super Salad Sandwich/Roll	(salad + beetroot & onion)	4.00
Ham Salad Sandwich/Roll	(salad + ham)	4.50
Chicken Salad Sandwich/Roll	(salad + chicken)	4.50

HOT FOOD			Available
Garlic Roll ½		0.60	Everyday
Hot Cheese Roll		2.00	Everyday
Cheese & Vegemite Scroll		2.50	Everyday
Pumpkin Soup (G.F & Vegan)		3.00	Everyday
Vegetable Pasta (cheese or vegan)		3.00	Everyday
Falafel Burger (vegan)		4.50	Everyday
Sauce sachet (tomato or sweet chilli)		0.30	Everyday
Turkish Melts	<b>Tomato</b> , Cheese, Baby Spinach	3.00	Everyday
	<b>Ham</b> , Cheese, Baby Spinach	3.00	Everyday
	<b>Chicken</b> , Sweet Chilli Sauce, Cheese, Baby Spinach	3.00	Everyday
Hot Chilli Chicken Wrap		4.00	Mon
Meatball Subs		4.00	Mon
Meatball Pasta		4.50	Mon
Hamburger with salad		4.50	Tue
Veggie Burger with salad		4.50	Tue
TaCO (salad, salsa, lean mince, cheese, wrap)		4.50	Tue *
Hot Chilli Chicken Roll		4.00	Wed
Toasted Wraps	Cheese & Tomato	2.50	Wed
	Ham & Cheese	2.50	Wed
	Chicken, Cheese & BBQ sauce	3.50	Wed
Triple C Wrap (chilli chicken & cheese)		4.00	Thu
Meatball Pasta		4.50	Thu
Char-grilled Chicken Sub		4.00	Fri
Vegetarian Burger (lettuce & mayo)		4.00	Fri
Fried Rice (G.F) Ham or Vegetarian		3.50	Fri *
Sausage Roll Small		2.20	Lunch
Spinach & Ricotta Roll		3.00	Lunch
Large Pie		3.20	Lunch
Pizza Bread		2.00	Lunch
Wedges 100g cup		2.00	Lunch

ICE BLOCKS		
Frozen Juice Cups (Apple, Apple Blackcurrant, Orange, Pineapple)		0.80
Frozen Diced Mango or Pineapple Tub		1.20
Frozen Watermelon Tub (when in season)		2.00
Juicies (Lemonade, Orange, Tropical, Wild Berry)		1.50
Ice cream tubs 98% fat free		1.20
Weis Bar (Mango & Passionfruit with Milk)		2.00
Twisted Frozen Yoghurt	(Mango/Watermelon, Blueberry/Cookie Dough, Choc/Vanilla, Strawb/Vanilla)	2.00

AVAILABLE BY ORDER ONLY			
Toasted Roll, Wrap or Sandwich	Ham & Cheese	2.50	
	Cheese & Tomato	2.50	
	Ham, Cheese & Tomato	3.00	
	Ham, Cheese & Pineapple	3.00	
Wraps	Super Salad	5.00	
	Ham Salad & Mayo	5.50	
	Pulled Pork & Salad	5.50	
	Chicken Caesar	5.50	
Salad Tubs	Super Salad	4.00	
	Chicken Salad	5.00	
	Ham Salad	5.00	
	Egg Salad	5.00	
	Vegan Salad Tub	Lettuce, Carrot, Cucumber, Corn, Beetroot, Chick Peas, 3 bean mix	4.50
	Pulled Pork Salad	5.00	
Chicken Caesar Salad	5.00		
Gluten Free Meat Pie		5.00	
Gluten Free Chicken Tender		1.50	
Falafel Wrap		4.50	
Chicken & Gravy Roll		4.00	
Pulled Pork & Gravy Roll		4.00	

SNACKS	
Piece of Fruit (apple/banana)	0.80
Carrot Sticks	0.75
Dips (Hommus or Salsa Tub)	0.75
Dried Fruit Tub	1.50
Cheese & Crackers (Gluten Free Available)	1.20
Watermelon Tub (when in season)	2.00
Mousse / Custard	1.00
Yoghurt	1.50
Yoghurt with muesli or Frozen blueberries	2.00
Chocolate Muffin Low fat	2.00
Sea Salt Chips	1.00
GrainWaves / Popcorn	1.00

DRINKS		
H - High School Only		
Sipahh Straw	(Choc Mint, Cookies & Cream, Choc, Caramel, Vanilla, Strawberry, Latte, Banana, Raspberry, Honeycomb, Marshmallow)	0.80
Plain Milk small 300ml		1.20
Plain Milk large 500ml		1.80
Plain Milk 1ltr (lite, full cream)		2.50
Flavoured Milk small	(choc, strawberry)	2.00
Flavoured Milk large	(choc, strawberry, choc malt & honey)	3.70 H
Soy Milk		2.00
Up & Go	(Choc, Vanilla, Caramel, Strawberry)	2.00
Hot Chocolate		2.50
Poppers 250ml	(apple, orange, pineapple, tropical, apple blackcurrant)	1.50
Juice 250ml bottle	(apple, orange, pineapple, apple blackcurrant, orange passionfruit)	2.30
Spring Water 600ml		1.70
Spring Water 1.5ltr		2.70
Kombucha	(Tropical Mango; Mixed Berry; Ginger & Pear; Pomegranate & Apple; Citrus, Lemon & Lime)	3.50 H

**Recess & Lunch Orders must be placed before 9.30am**

All items (excluding those with an \*) can be ordered any day

**ORDER YOUR LUNCH SO YOU DON'T MISS OUT**



Effective from 30/4/2019