



Hunter School of the Performing Arts
Day Trip School Excursion/Inursion Consent Form

Dear Parent/Caregiver, an excursion/activity has been organised for your child.

Excursion/Activity	Interrelate Year 5
Date(s)	16/10/2019 09:00am - 01:00pm, 23/10/2019 09:00am - 01:00pm, 30/10/2019 09:00am - 01:00pm
Venue	School
Students/Class	Year 5 Students
Cost of excursion	\$41.00
Transport	Nil
Supervision	Jade Hillard, Bianca Jennings
Please bring	Nil
Students must wear	School Uniform
Food	N/A
Additional information	Students will attend these sessions during school days in Term 4. Each class will attend a different session on each day listed.

Jade Hillard
Teacher in charge of excursion

Karen O'Neill
Deputy Principal

Medical Disclaimer

Parents - please note there is no personal injury insurance cover provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, zone, area, and state school sport associations when deciding whether additional cover, above that provided by Medicare, is required. The NSW Supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government, covers any injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.



Excursion: Interrelate Year 5

Date: 16/10/2019 09:00am - 01:00pm, 23/10/2019 09:00am - 01:00pm, 30/10/2019 09:00am - 01:00pm

Payment EBS

Return this portion to the Primary Office (3-6) by 06/09/19

I give permission for my child of Year to attend the excursion/activity above.

My child's medical details have NOT changed since the enrolment form submitted at the start of the year **or:**

My child's medical details HAVE changed since the enrolment form submitted at the start of the year. My child's updated medical details are attached. *Note: It is the responsibility of the parent/carer to notify the school when their child's medical details change.*

Payment Method (Payment must accompany this permission form):

Cash: \$ enclosed

Cheque: Cheque enclosed for \$

Online: Amount Paid: Receipt Number

Signed (Parent/Guardian) Date



Dear Parents/Carers,

In Term four students in Years 5 will be taking part in a program run by *Interrelate* called "*Moving into the Teen Years*".

The Year 5 program is designed to enhance self-esteem, initiate sexuality and relationship education and develop communication, understanding of correct terms and decision making skills. Exploring a range of issues, this comprehensive program is designed for this important time in the lives of year 5 students.

The students will attend three 90 minute sessions. Each session has a wide variety of creative activities and teaching methods. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities.

Session 1 *It's all about Me*

- Establishment of concepts of individuality, uniqueness and differences
- Review puberty males and females – body parts including genitalia, protective behaviours and personal safety
- Excretory and reproductive systems of males and females

Session 2 *My Changing Body*

- Physical development at Puberty
- How, why and when changes occur
- Attraction and dealing with emotions
- Definition of a healthy relationship
- Basic reproduction, conception, sexual intercourse, fertilisation

Session 3 *My Changing Relationships*

- Relationship builders activity
- Understand and recognise feelings in relationship
- Strategies to handle conflict through role plays
- Examine peer pressure and the impact of peer relationships
- Decision making scenarios

Please note the cost of this program is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.

HSPA Primary