



Hunter School of the Performing Arts  
**Day Trip School Excursion/Inursion Consent Form**

Dear Parent/Caregiver, an excursion/activity has been organised for your child.

<b>Excursion/Activity</b>	Interrelate
<b>Date(s)</b>	19/11/2020 9:00am - 3:00pm, 26/11/2020 9:00am - 3:00pm, 03/12/2020 9:00am - 3:00pm
<b>Venue</b>	*In School
<b>Students/Class</b>	Year 6 students
<b>Cost of excursion</b>	\$20.00
<b>Transport</b>	N/A
<b>Supervision</b>	Karen O'Neill, Cassie O'Brien, Mikhaela Adam, Elese Murray
<b>Please bring</b>	N/A
<b>Students must wear</b>	N/A
<b>Food</b>	N/A
<b>Additional information</b>	The school has subsidised the cost of this program to allow all students access.

Karen O'Neill  
 Teacher in charge of excursion

Karen O'Neill  
 Deputy Principal

**Medical Disclaimer**

Parents - please note there is no personal injury insurance cover provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, zone, area, and state school sport associations when deciding whether additional cover, above that provided by Medicare, is required. The NSW Supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government, covers any injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.



**Excursion: Interrelate**

**Date: 19/11/2020 9:00am - 3:00pm, 26/11/2020 9:00am - 3:00pm, 03/12/2020 9:00am - 3:00pm**

Return this portion to the Primary Office (3-6) by 20/11/2020

Payment Code N/A
------------------------

I give permission for my child ..... of Year ..... to attend the excursion/activity above.

My child's medical details have NOT changed since the enrolment form submitted at the start of the year **or:**

My child's medical details HAVE changed since the enrolment form submitted at the start of the year. My child's updated medical details are attached. *Note: It is the responsibility of the parent/carer to notify the school when their child's medical details change.*

**Payment Method (Payment must accompany this permission form):**

- Cash:** \$ ..... enclosed
- Cheque:** Cheque enclosed for \$ .....
- Online:** Amount Paid: ..... Receipt Number .....

Signed ..... (Parent/Guardian) Date .....

## Year 6 Moving into the Teen Years

# Permission Flyer

### To Parents / Guardians,

Interrelate, in conjunction with your school, is offering a course for students in Year 6 to prepare them for High School. 'Moving into the Teen Years' explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.

Please complete the form below and return it to your school with the enrolment fee, prior to the commencement date.

### The Program

Three 90-minute sessions conducted during school hours

- A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities.
- At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience.

### Session 1: Understanding My Body

### Session 2: Respectful Relationships

### Session 3: Taking Charge

### Program Focus

- Revisit development at puberty
- Outline the process of human reproduction, including conception, foetal development and birth
- Explore respectful relationships with self, friends and family
- Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others
- Assist students to become aware of the influences on their personal choices and the potential consequences of those choices
- Raise awareness of technology and its influence on teens, including strategies for cybersafety
- Discuss expectations in high school

**Please note:** The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.

**Student cost:** \$20 per student

**At:** Hunter School of the Performing Arts **On:** 19-Nov-2020, 26-Nov-2020, 03-Dec-2020

**Please complete and return to your school with cash/cheque payment in an envelope**

*(please make cheques payable to the school)*

I wish to enrol my child/children \_\_\_\_\_ Class \_\_\_\_\_

in Interrelate's '**Year 6 Moving into the Teen Years**' program. Enclosed is my payment of \$ \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

*Parent / Guardian*

# Correlation to

NSW board of studies PDHPE Syllabus

Moving into the Teen Years – Year 6



LEARNING ACTIVITY	OBJECTIVE	KNOWLEDGE AND UNDERSTANDING	VALUES
<b>Module 1: Understanding My Body</b>			
<ul style="list-style-type: none"> <li>Understanding Identity and individuals differences</li> <li>Review male and female body parts</li> <li>Review physical development at puberty</li> <li>Review changes at puberty reinforce specific changes for males and females</li> <li>Create awareness of personal safety including boundaries</li> <li>Define sexuality and how it relates to this life stage</li> <li>Display understand of the physical differences between male and female body parts</li> <li>Demonstrate knowledge of the reproductive system</li> <li>Understand protective behaviours and support systems</li> <li>Further developed knowledge on puberty changes</li> </ul>	<p><b>Communicating COS3.3</b> Communicates confidently in a variety of situations.</p> <p><b>Interacting INS3.3</b> Acts in ways that enhance the contribution of self and others in a range of cooperative situations.</p> <p><b>Decision Making DMS3.2</b> Makes informed decisions and accepts responsibility for consequences.</p> <p><b>Problem Solving PBS3.5</b> Suggests, considers and selects appropriate alternatives when resolving problems.</p>	<p><b>Growth and Development GDS3.9</b> Explains and demonstrates strategies for dealing with life changes.</p> <p><b>Interpersonal Relationships IRS3.11</b> Describes roles and responsibilities in developing and maintaining positive relationships.</p>	<p><b>V1</b> Refers to a sense of their own worth and dignity.</p> <p><b>V2</b> Respects the right of others to hold different values and attitudes from their own.</p> <p><b>V3</b> Enjoys a sense of belonging.</p> <p><b>V4</b> Increasingly accepts responsibility for personal and community health.</p>
<b>Module 2:</b>			
<ul style="list-style-type: none"> <li>Describe healthy relationships</li> <li>Understand what respect means in relationships</li> <li>Recognise attraction and changing emotions</li> <li>Understand reproduction including conception</li> <li>Develop awareness of foetal development and birth</li> <li>Discuss responsibility</li> </ul>	<p><b>Communicating COS3.3</b> Communicates confidently in a variety of situations.</p> <p><b>Interacting INS3.3</b> Acts in ways that enhance the contribution of self and others in a range of cooperative situations.</p> <p><b>Decision Making DMS3.2</b> Makes informed decisions and accepts responsibility for consequences.</p> <p><b>Problem Solving PBS3.5</b> Suggests, considers and selects appropriate alternatives when resolving problems.</p>	<p><b>Growth and Development GDS3.9</b> Explains and demonstrates strategies for dealing with life changes.</p> <p><b>Interpersonal Relationships IRS3.11</b> Describes roles and responsibilities in developing and maintaining positive relationships.</p>	<p><b>V1</b> Refers to a sense of their own worth and dignity.</p> <p><b>V2</b> Respects the right of others to hold different values and attitudes from their own.</p> <p><b>V3</b> Enjoys a sense of belonging.</p> <p><b>V4</b> Increasingly accepts responsibility for personal and community health.</p>

# Correlation to

NSW board of studies PDHPE Syllabus

Moving into the Teen Years – Year 6



## Module 3 Taking Charge

<ul style="list-style-type: none"> <li>• Discussion of decision making process</li> <li>• Understanding choices and consequences</li> <li>• Understanding ways of staying safe – including online</li> <li>• Develop strategies to manage relationships</li> <li>• Understanding stress at this life stage</li> <li>• Discuss expectations for high school</li> <li>• Understand being safe and support system</li> </ul>	<p><b>Communicating COS3.3</b> Communicates confidently in a variety of situations.</p> <p><b>Interacting INS3.3</b> Acts in ways that enhance the contribution of self and others in a range of cooperative situations.</p> <p><b>Decision Making DMS3.2</b> Makes informed decisions and accepts responsibility for consequences.</p> <p><b>Problem Solving PBS3.5</b> Suggests, considers and selects appropriate alternatives when resolving problems.</p>	<p><b>Growth and Development GDS3.9</b> Explains and demonstrates strategies for dealing with life changes.</p> <p><b>Interpersonal Relationships IRS3.11</b> Describes roles and responsibilities in developing and maintaining positive relationships.</p>	<p><b>V1</b> Refers to a sense of their own worth and dignity.</p> <p><b>V2</b> Respects the right of others to hold different values and attitudes from their own.</p> <p><b>V3</b> Enjoys a sense of belonging.</p> <p><b>V4</b> Increasingly accepts responsibility for personal and community health.</p>
---	--	--	---