

## Dear Students, Parents and Caregivers

### (copy of email from end of Term 1)

Thank you so much for your support as we continue to negotiate the new schooling world.

We have received feedback from teachers, students and families that has been vital in informing our planning for Term 2. The feedback has been overwhelmingly positive but it is apparent that some modifications are necessary for Term 2. In particular, we have noted that the volume of work in some cases, goes well beyond lesson time. Additionally, the heavy screen time and immobility associated with the online learning model of this term will be addressed in Term 2.

To achieve the aim of balancing a quality, rigorous, inclusive online learning experience and the issues mentioned above, the following structure will be implemented next term:

- Lessons will be reduced to 40 minutes and each period will be followed by a 10-minute **move/stretch/drink** break. Students are encouraged to use this time to do exactly that, just as they would moving from one class to another in 'normal' circumstances.
- Bell times will remain the same for each day of the week. This retains consistency and means that students don't have to learn and adapt to a new timetable.
- One day each cycle (fortnight), a **tech-free day** will take place. On this day, students will sign in to the discussion, but will be given learning activities that do not involve screen time.

Together these measures will see a less intense screen experience. The timetable is provided below.

I wish every HSPA family a safe, healthy and happy Easter and school holiday break. I hope you are able to use this time together to enjoy each others' company and slow down for a while.

Thank you all for your support and effort during the last few weeks.

Jo

HSPA Term 2 2020 Bell Times For Online Delivery						
Start Time	End Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00	9:40	Period 1	Period 1	Period 1	Period 1	Period 1
9:40	9:50	10 minute stretch, move and drink break				
9:50	10:30	Period 2	Period 2	Period 2	Period 2	Period 2
10:30	10:40	10 minute stretch, move and drink break		Year Group Assembly	10 minute stretch, move and drink break	
10:40	11:00	<b>Recess</b>				
11:00	11:40	Period 3	Period 3	Period 3	Period 3	Period 3
11:40	11:50	10 minute stretch, move and drink break				
11:50	12:30	Period 4	Period 4	Period 4	Period 4	Period 4
12:30	1:00	<b>Lunch</b>				
1:00	1:40	Period 5	Period 5	Ensembles/ Sport/ Exercise	Period 5	Period 5
1:40	1:50	10 minute stretch, move and drink break				
1:50	2:30	Ensembles	Period 6	Ensembles/ Sport/ Exercise	Period 6	Period 6
2:30	3:00				Whole School Assembly	