



HUNTER SCHOOL OF THE PERFORMING ARTS

Summer Menu 2019 Term 1



COLD FOOD				
Sushi	(Teriyaki Chicken, Tuna, Spicy Tuna, Vegetarian, Salmon, Chicken schnitzel)	3.80		
Egg & lettuce Sandwich/Roll		2.80		
Chicken, lettuce & mayo Sandwich/Roll		3.50		
Salad Sandwich/Roll	(lettuce, tomato, carrot, cucumber, cheese)	3.50		
Super Salad Sandwich/Roll	(salad + beetroot & onion)	4.00		
Ham Salad Sandwich/Roll	(salad + ham)	4.50		
Chicken Salad Sandwich/Roll	(salad + chicken)	4.50		
Wraps		Half	Full	
	Super Salad	3.00	5.00	
	Chicken Caesar	3.50	5.50	
	Ham Salad & Mayo	3.50	5.50	
	Pulled Pork & Salad	3.50	5.50	
Salad Tubs	Super Salad	4.00		
	Chicken Salad	5.00		
	Ham Salad	5.00		
	Egg Salad	5.00		
	Vegan Salad Tub	Lettuce, Carrot, Cucumber, Corn, Beetroot, Chick Peas, 3 bean mix	4.50	
	Pulled Pork Salad	5.00		
	Chicken Caesar Salad	5.00		

HOT FOOD			
			<i>Available</i>
Garlic Roll ½	0.60	Everyday	
Hot Cheese Roll	2.00	Everyday	
Vegetable Pasta (cheese or vegan)	3.00	Everyday	
Falafel Burger (vegan)	4.50	Everyday	
Cheese & Vegemite Scroll	2.00	Everyday	
Sauce sachet	0.30	Everyday	
Hot Chilli Chicken Wrap	4.00	Mon	
Meatball Subs	4.00	Mon	
Hamburger with salad	4.50	Tue	
Vegie Burger with salad	4.50	Tue	
TaCO (salad, salsa, lean mince, cheese, wrap)	4.50	Tue *	
Triple C Wrap (chilli chicken & cheese)	4.00	Wed	
Toasted Wraps	Cheese & Tomato	2.50	Wed
	Ham & Cheese	2.50	Wed
	Chicken, Cheese & BBQ sauce	3.50	Wed
Hot Chilli Chicken Roll	4.00	Thu	
Char-grilled Chicken Sub	4.00	Fri	
Vegetarian Burger (lettuce & mayo)	4.00	Fri	
Sausage Roll Small	2.00	Lunch	
Spinach & Ricotta Roll	2.70	Lunch	
Large Pie	3.00	Lunch	
Pizza Bread	2.00	Lunch	
Wedges 100g cup	2.00	Lunch	

AVAILABLE BY ORDER ONLY		
Toasted Roll, Wrap or Sandwich	Ham & Cheese	2.50
	Cheese & Tomato	2.50
	Ham, Cheese & Tomato	3.00
	Ham, Cheese & Pineapple	3.00
Gluten Free Meat Pie		5.00
Gluten Free Chicken Tender		1.50
Falafel Wrap		4.50
Meatball Pasta		4.50
Chicken & Gravy Roll		4.00
Pulled Pork & Gravy Roll		4.00

SNACKS	
Piece of Fruit (apple/banana)	0.80
Carrot Sticks	0.75
Dips (Hommus or Salsa Tub)	0.75
Dried Fruit Tub	1.50
Cheese & Crackers (Gluten Free Available)	1.20
Watermelon Tub	2.00
Mousse / Custard	1.00
Yoghurt	1.50
Yoghurt with muesli or Frozen blueberries	2.00
Chocolate Muffin Low fat	1.70
Sea Salt Chips	1.00
GrainWaves / Popcorn	1.00

DRINKS		
<i>H - High School Only</i>		
Sipahh Straw	(Choc Mint, Cookies & Cream, Choc, Caramel, Vanilla, Strawberry, Latte, Banana, Raspberry, Honeycomb, Marshmallow)	0.80
Plain Milk small 300ml		1.00
Plain Milk large 500ml		1.60
Plain Milk 1ltr (lite, full cream)		2.50
Flavoured Milk small	(choc, strawberry)	1.80
Flavoured Milk large	(choc, strawberry, choc malt & honey)	3.50 H
Soy Milk		2.00
Up & Go	(Choc, Vanilla, Caramel, Strawberry)	2.00
Hot Chocolate		2.50
Poppers 250ml	(apple, orange, pineapple, tropical, apple blackcurrant)	1.50
Juice 250ml bottle	(apple, orange, pineapple, apple blackcurrant, orange passionfruit)	2.30
Spring Water 600ml		1.70
Spring Water 1.5ltr		2.70
Kombucha	(Tropical Mango; Mixed Berry; Ginger & Pear; Pomegranate & Apple; Citrus, Lemon & Lime)	3.50 H

ICE BLOCKS	
Frozen Juice Cups (Apple, Apple Blackcurrant, Orange, Pineapple)	0.80
Frozen Diced Mango or Pineapple Tub	1.20
Frozen Watermelon Tub	2.00
Juicies (Lemonade, Orange, Tropical, Wild Berry)	1.50
Ice cream tubs 98% fat free	1.20
Twisted Frozen Yoghurt (Mango/Watermelon, Blueberry/Cookie Dough, Choc/Vanilla, Straw/Vanilla)	2.00

Recess & Lunch Orders must be in before 9.30am

All items can be pre-ordered any day

Excluding items marked with an *

ORDER YOUR LUNCH SO YOU DON'T MISS OUT



Effective from 1/1/2019